



**Bulletin 11 for Parents/Guardians**

**17 – November- 2020**

**YOU MUST REGISTER YOUR CHILD'S FOB ONLINE BEFORE MONDAY**



**We are delighted to announce the introduction of a new canteen to Ramsgrange Community School – The School Food Company.**



**FROM MONDAY NOVEMBER 23RD**

## **Our Canteen is Going Fully Cashless**

*New Fobs & setup guides have been provided to each student*

*Go to [www.schoolfoodportal.ie](http://www.schoolfoodportal.ie) set up your child's account*

*Simply top up and you are good to go*

*For support email [cashless@schoolfoodcompany.ie](mailto:cashless@schoolfoodcompany.ie)*

**YOU MUST REGISTER YOUR CHILD'S FOB ONLINE BEFORE MONDAY**



Please see the menus below that will be available daily for your children. Students will get a new fob (initial fob is free) with which they can avail of the 'free items' once daily e.g. sandwich, roll etc. You will be able to top up the fob online so that students can purchase what they want daily. This will be a cashless service.

## SNACKS & BEVERAGES

- Seasonal Fruit **FREE**
- Fresh Fruit Pot **€ 1.00**
- Melon Wedge **€ 1.00**
- Yoghurt **€ 1.00**
- Muller Corner **€ 1.50**
- Flahavans Flapjack **€ 1.50**
- Mini Rice Cakes 4 Pack **€ 1.00**
- Orange & Yoghurt Mini Rice Cake **€ 2.20**
- Mixed Berry & Yoghurt Mini Rice Cake **€ 2.20**
- Irish Oat & Granola Bar Fully Loaded **€ 2.20**



- Milk **€ 1.00**
- Water in a Box 330ml **€ 1.00**
- Global Hydrate 500ml **€ 1.20**
- Kulana Apple Juice **€ 1.00**
- Kulana Orange Juice **€ 1.00**
- Fruella Hydrate **€ 1.50**
- Innocent Bubbles **€ 2.50**



Add Water or Juice to any Main for 80 cent

## HOT SUB ROLLS € 1.50

Available on Brown or White Sub

- Crispy Shredded Chicken Salad**  
Crispy Shredded Chicken Strips with Mixed lettuce & Tomato
- Crispy Shredded Chicken**  
Crispy Shredded Chicken Strips on a Soft Sub Roll
- Southern Fried Chicken**  
Oven Baked Breaded Chicken Goujon on a Soft Sub Roll
- Southern Fried Chicken Salad**  
Oven Baked Breaded Chicken Goujon with Mixed Lettuce & Tomato

## CHILLED SUB ROLL € 1.50

- Chicken & Stuffing**  
Succulent Chicken Strips & Sage & Onion Stuffing with Mayo
- Chicken Salad**  
Succulent Chicken Strips with Mixed lettuce & Tomato
- Bacon, Lettuce & Tomato**  
Crispy Bacon Strips with Mixed lettuce & Tomato
- Southern Fried Chicken**  
Southern Fried Chicken Goujon with Mixed Lettuce, Tomato, Mixed pepper & Mayo

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## TOASTED CIABATTA € 1.50

- Mexican Chicken**  
Succulent Chicken Strips & Mexican Cheese on a Toasted Ciabatta
- Ham & Emmental**  
Sliced Ham & Emmental Cheese on a Toasted Ciabatta
- The Calzone (V)**  
Mozzerella, Sundried Tomato, Baby Spinach on a Toasted Ciabatta
- The Italian Job**  
Mozzerella, Pepperoni & Pizza Sauce on a Toasted Ciabatta
- Bacon & Sausage**  
Crispy Bacon & Slice Sausage on a Toasted Ciabatta

## TOASTED WRAPS € 1.50

- Barbecue Chicken**  
Succulent Chicken Strips in a Tangy BBQ Sauce and Melted Cheese
- Ham & Cheese**  
Sliced Ham and Melted Cheese
- Sweet Chilli Chicken**  
Chicken Strips in a Sweet Chilli Sauce and Melted Cheese
- Tuna & Sweetcorn Melt**  
Tuna & Sweetcorn Mayo with Melted Cheddar Cheese



Add Water or Juice to any Main for 80 cent

## HOT DISHES 1 € 1.50

MON	Chicken Curry & Rice	Beef Bolognese & Pasta Spirals	Mediterranean Lasagne & Garlic Bread (V)
TUE	Chicken Korma & Rice	Italian Meatballs & Pasta	
WED	Chinese Chicken Curry & Rice	Beef Lasagne & Garlic Bread	Pasta Basilico (V)
THU	Sweet & Sour Chicken & Rice	Beef Bolognese & Pasta Spirals	
FRI	Chicken Curry & Rice	Sweet Chilli Chicken Strips	Chickpea Curry and Rice

## Salad of the Week € 2.00



**Sweet Chilli Chicken Salad**  
Chicken fillet & Moroccan cous-cous on a bed of crispy salad leaves with sweet chilli sauce



Stay safe & Best wishes,  
Rachel O' Connor,  
Principal.